

Seminar set for combat stress victims

NORTH COUNTY — Are you or someone you know suffering from combat stress or post-traumatic stress disorder?

Great Life Technologies, a Carlsbad company, is hosting informational meetings from 3 to 5 p.m. Oct. 31, Nov. 7 and Nov. 14 at Bistro West, 4960 Avenida Encinas, near Cannon Road in Carlsbad. The meetings will detail cost-free programs in learning how to resolve the effects of war-related experiences and combat stress and post-traumatic stress disorder that are non-invasive and drug-free.

According to company

spokeswoman Barbara Whorley, in addition to its non-drug therapy to resolve PTSD, combat stress or anxiety, the group also offers an eight-day training session to train military veterans and others how to provide this type of treatment. It offers this training to the vets for no fee and, once trained and certified, Great Life Technologies will hire them to work as trainers for other vets.

"This is truly a win-win for all concerned," Whorley said. "We are currently working with vets from Vietnam who are, for the first time in 40 years, sleeping

through the night, living without anxiety and truly being happy. It is our honor to give back to our Heroes."

According to Great Life Technologies, since 2003 nearly 40,000 active military personnel have been diagnosed with PTSD. In 2007, there was a 46 percent combat spike in the number of troops diagnosed, coinciding with the most violent year of the Iraq war.

The group claims a RAND Corporation study showed that only half of troops suffering PTSD or depression seek help. They believe many troops have not

sought help out of fear of being stigmatized, however they cite statistics indicating 88 percent of men and 79 percent of women with PTSD will meet criteria for another psychiatric disorder if not treated.

For additional questions or for reservations, e-mail Barbara@GreatLifeTechnologies.com or call (949) 933-0915.